

# It's True— Reality Is Changing. But How?



By Penney Peirce

If you've paid attention, you've probably noticed that life has been accelerating. Time speeds by! You feel pressured to do more and digest much more information. You're distracted by constant stimulation and end up living on the surface of reality, as though that helps you go faster. You may even talk faster! And yet, the birds are still singing, the garden still grows, and the daily round still cycles. But what in the world is going on under the surface of our reality? I've been saying for a long time that we're shifting from the Information Age to the Intuition Age—and that's a huge thing!

I've had more friends and clients than ever before say they feel stuck, frustrated, overwhelmed, confused, exhausted, and disconnected from purpose. So many of us are aware now that the old is really old. Old thinking that is based on feeling separate and having to use lots of willpower—ideas like hierarchies instead of collectives, ego instead of soul, or control and avoidance instead of joyful creativity and participation—seem too limiting, slow, and ineffective. Old ways of achieving “success” don't work well. We're bored with the old but not yet in the new.





Our left brain is locked into old beliefs and definitions, and doesn't want change. It doesn't want to stop controlling reality to see if there's a better way. Our intuitive right brain, however, is calling for something more experiential, a way of being that's immersed in life rather than hovering above it. Your intuitive mind can easily be still and penetrate deeply into anything in life without feeling threatened or imprisoned.

↓ It's as if a long period of submersion has been completed, and now we're surfacing from the deep dive, like whales breaching. Some murky, preparatory stage in our understanding of how life works is being replaced by a new, perhaps totally different, but much lighter and better way of living. Can you sense it? There's got to be a better way, right?

For many of us, there is a strong desire to move beyond what feels restrictive and step over the threshold into that new reality. Yet there is anxiety about losing the security of the old life, even if it wasn't so great. Shall we repeat our parents' realities, or make our own? I suspect most of us are experiencing a restlessness that often is mistaken for anxiety—it's part excitement and impatience, and part that we don't quite understand what's happening to us.

**The mad mind does not halt;  
if it halts it is Enlightenment.**

—Zen saying

### NOT JUST AN ORDINARY CHANGE

It's easy to think what's happening is just another life change, like getting a new job, moving to a new house, or taking courses to develop new skills. It may present that way, but actually, we're experiencing a process of *transformation* that is much more profound than our left brain realizes. Reality itself is changing; the rules of the way things work are changing. Our brain is learning to function in a new unified way, left and right brain in partnership and connected with our heart, cells, and aura or personal field of high-vibrational energy and consciousness. We are becoming a new kind of intelligence, a new kind of creature. It sounds very sci-fi, but it's the new normal!

What we're seeing now is the birth of this expansive Self that includes others in itself, as itself. You're not just you *alone* anymore—you're both an individual *and* a group mind and heart. The personal is becoming impersonal and the impersonal is becoming personal. Insights are dawning in glimmers and glimpses: How well do we really see each other? How far-reaching and impactful is our mental, emotional, and physical treatment of each other? How can we be so much more than we ever conceived?

With each glimmer, we recognize the truth as something we already know. Of course! And yet, the left brain cannot accept what's coming without its typical yes-buts, doubts, and need for proof. This is our inner cry: "I want to be more! I AM more! I want all of myself." The left brain says, "It's just your ego. It's not possible." But the soul knows, the soul is landing, the soul is materializing inside people's eyes, and exuding from their skin as light. You are realizing you *are* the soul, and what the soul's consciousness is like. It's stupendous! You, and the others, are full of wisdom, love, joyfulness, talent, and the motive to help.

### **YOU DON'T HAVE TO REMAIN SMALL!**

This is a time of freedom from limitation, and not remaining small. This is a time of giving up excuses, of not reciting your life story automatically, again and again until you're cross-eyed! This is a time for original thought, for taking courageous action to expand your scope, and for having private joy and meaningful contribution as your primary, choice-making criteria.

You are living in the present moment. The past and future have been swallowed up in the ginormous sphere of the present moment. Everything is in you—all realities, all potentials; they're just different frequencies. Match the vibration with

your thoughts and feelings and you can materialize the reality. Cool! You have access to new patterns of imagination, an expanded knowledge base, a heightened sense of permission, and help from others. You have freedom—to make instantaneous change and not be limited by gradual processing and integration. You can have another life, a new reality, if you want, without having to die to do it.

Now, your word is law. What you say, will be. Theory is real. What you think, materializes. The ideas and feelings you hold become worldviews, which become realities, in a twinkling. If you say you're stuck and blocked, you are. It's time to accept your own power. Stop postponing yourself.

If you project your mind away from the here-and-now—if you go into the past, future, or fantasy realities, think others should change before you do, harbor blame and resentment, or live by other people's values and standards—you will fall flat. Everything comes to you willingly in the now; you just need to ask the universe (which is the sum of all beings) for the experience you want and allow it to work with you.

### **Life is not a problem to be solved, but a reality to be experienced.**

—Soren Kierkegaard

### **YOU KNOW WITH YOUR HEART.**

Now, you know with your heart and understand the truth of the Golden Rule in your bones. You feel the hurt that others cause by name-calling, lies, and flip comments. Or when they give you "the silent treatment," roll their eyes, walk out in a huff, hold back important communications, or split their attention between too many tasks and people. Seeing liars is so much easier now. Condoning them brings repercussions. Denying

↓ the soul causes failure. Validating the soul creates miracles and amazing breakthroughs.

As we transform, counting time in units becomes a ridiculous practice; a week passes in a day, a month in a week, a year in a month. Time seems meaningless, and memory has no boundaries. What era are you living in? When did that experience happen to you? How long before that project is finished? Is it actually finished already? Was that your experience or your sister's? How does memory determine who you are? Does it?

Everything connects to everything else. Ideas may refuse to lay themselves down in a nice, neat, outlined order. Instead, they may spiral and weave into other thoughts because all ideas are aspects of other ideas. They want to be connected, seamless, they don't like the gaps between them—the thoughts love each other. And so it is with other areas of life: people have more interconnections with each other; friends share similar stories of interrelated life episodes, as though we have pieces of a puzzle that fit together and reveal insights for all involved.

**I've never seen any life transformation that didn't begin with the person in question finally getting tired of their own nonsense.**

—Elizabeth Gilbert

Now is also a time to be quiet and explore inner space—so your guidance and inspiration can emerge with clarity and ease. The inner world is saturating the outer world; the outer reality is behaving more and more like the inner reality. There are ripples of common meaning emerging from everything we pay attention to. Each thing in each moment is saying the same thing in its unique voice. We must get out of our own way and listen for the harmonies.

When you see the world misbehaving, and rolling and tumbling, and acting out like a sullen child, know it is old patterns being released. Keep your energy steady and eternal, at your home frequency, and bless everything by seeing the soul-light within it. If you can't add clarity, peace, compassion, and innovative ideas to the world, try not to add more upset. Instead just be quiet, pause, feel your heart beating, and remember to be glad you have a chance to be alive at this amazing time. Trust your noticing. Act in harmony with them. Don't postpone what wants to be noticed. You're inside your turning point.

A choice is becoming imperative: Be who you want to be or believe you can't be who you want to be. Be a creator or give your power away to other people or random forces in the world. Live from your soul or from your subconscious fears. Don't make excuses that "I can change my mind later." What you choose in the now *is* your life! What will it be?



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