

How Coronavirus Is Speeding Us Toward Transparency

by Penney Peirce

We are living through what I've been calling "the bridge time"—the transition period between two very different realities. The old reality is one we know well, marked by linear thinking (past-present-future; beginning-middle-end; cause-action-effect)—which results from focusing attention on separation, ego, polarization, will power, and fear as our default setting. The old reality has become too slow because life—and the earth itself—are accelerating; we're vibrating at ever-increasing frequencies and our old way of knowing and doing can't keep up. We now need a faster, more elegant way to live and be—one that can match the higher vibration and evolve with it. The new reality is based on spiritual principles and universal truths, and it is birthing itself right now and burning off everything that's in the way.

This is the time of the Opening of Pandora's Box, when all the little demons and pests are released—those long-stored, suppressed, subconscious traumas, terrors, griefs, and rages. It is the Time of Clearing, when we learn to dissolve fear and suffering and become transparent. Transparency is a state of being that allows *I-the-Soul* to flow unimpeded through the various "bodies" or frequencies of consciousness (causal, mental, emotional, etheric, physical) to guide and educate *Me-the-Personality* about living in a frictionless way and creating the life experience I'm built for.

So, we are experiencing an ongoing release of negativity personally, and in the collective, societal mind—it's why ugliness, meanness, domination, and hate have been flooding our lives and the media. These are all cover-ups for deep-set fear and panic. ***Yet there is a powerful force that resists and demeans this clearing: EGO.*** Ego—the experience of the disconnected, isolated self—wants to maintain its power structure and keep things the way they were. It doesn't want to experience chaos or the Void.

We've watched the rise of narcissism and destructive self-centeredness in leaders around the world because the ego's methods are now being widely exposed. We see people victimized by these arrogant, insensitive, ego-driven bosses: people forced from their homes and lands, children ripped from parents or sold to sex traffickers, an opioid epidemic that turns people into zombies—to name just a few repercussions.

All this is part of the bridge time, part of the surfacing of our deepest fears. To have an enlightened new reality, everything that is not of the light must be seen, understood, and dissolved. ***This time period and this process must happen.*** It is part of a positive

evolution of humanity and the planet, and it won't last forever. We must learn to navigate the challenges and clear ourselves—totally—once and for all.

With the increase in frequency on the planet, **the ego is being eclipsed. It can no longer hold back the wave of transformation**; it can no longer be the boss, the director of reality. Soul-centered consciousness is taking over, causing us to dredge up what's at the very bottom of Pandora's Box. So what else might be down there? What could succeed at dislodging the ego's carefully-plotted, power-maintenance strategy? What could cut through those long-standing negative identity habits to help us see a new way? How might we accelerate our global process of clearing?

Say "Welcome!" to the little but mighty Coronavirus! It seems to me to be the perfect symbolic materialization of our suppressed, subconscious traumas, terrors, griefs, and rages. And of the ego itself. Ego-driven leaders need isolation at the top of the hierarchy to succeed, are experts in domination, easily charm others into agreement, and are clever and chameleon-like, changing on a dime to avoid detection, criticism, and destruction. Coronavirus does something similar, dominating, spreading, and avoiding detection by seeming like "any other flu," replicating itself, mutating, and hiding.

Coronavirus is an equal opportunity infector. The idea of being special and above the law is being brought low by a tiny, hijacking, parasitic virus that is no respecter of peoples. It doesn't avoid those with gigantic, "successful" egos; it is not racist, class-oriented, bipartisan or political; and it doesn't care if you're famous/rich or a manual laborer/poor. Coronavirus is a great opportunist; it takes advantage of every possible chance to expand itself. It is greedy for power, for space, for attention. *In so many ways it is the epitome of the ego; it is the ego's replicant.*

I think of the behavior of greedy, power-hungry people over the centuries, acting the same way Coronavirus acts: invading other people's territories, conquering by first weakening and debilitating, then imprisoning, and finally killing people. And just as Coronavirus infects people before they even know it, power-hungry dictators have used spies and secretive means of infiltration in the early stages of overthrowing foreign lands.

I think, too, of how we have recently been invaded by cyber-terrorism from the Russian web brigade of bots and troll armies. Just as a virus works to replicate itself, so any thoughts that foster fear, rage, and hate can replicate among people in any walk of life, thanks to the contagion-fostering Petrie dish of social media. So here is a message from

the Soul-of-All-of-Us coming via the global pandemic: *How much of your identity is invested in ego? How much have you attached your own importance and survival to having money, power or influence over others, or getting attention from people who agree with you? When you are denied any of these, do you panic and contract like a stone and sink, or do you expand into the imaginal realm, discover new paths, and choose to maintain your preferred “home frequency” state?*

It may seem that life is going down the drain, but beneath the surface, the universal laws still function in compassionate ways, we still materialize our reality based on what frequency we place attention on and match, and what kind of thoughts and feelings we consistently entertain. There are as many possible realities as ever before and nothing holds you back from creating one except your own negative thinking. Creativity is only curtailed by thinking about what isn't or can't be.

So what about the virus-related panic in the stock market? What about not being able to earn your salary? That's pretty darn real! Yes, this fear contraction is happening, but we don't have to add to the contraction with more panic and dire predictions.

Remember: the stock market runs on *greed* and *fear*. And that is an artifact of the old linear reality of the ego. The ego grants money great power—to have it reinforces ego as the true identity. It makes us dominators. Not having it makes us victims. But the soul-based reality doesn't experience limitation or one upsmanship, it doesn't say money is about survival and success. It's just a measure of energy and flow.

Today, in the end days of the old Industrial and Information Age realities, we misunderstand money. **In the inner realms, money is like a loving child.** It is an obedient entity that follows our direction without question. If we love it and welcome it, it stays with us and loves us back. If we give it generously to others and allow it freedom and fluidity, more comes to us. If we hoard and try to control it, we are sure to lose it eventually—because the underlying belief we hold that acts as our instruction to money's flow is that we never have enough.

Money copies our inner energy blueprint. Do we operate in trust and compassion or with distrust and selfishness? Do we allow it to serve us? Do we accept that gains may come as we live in a state of being where luck and generosity seem natural, and losses may occur when our minds have been fixated on being critical, or that life is unfair, or that we might be destitute in the future? Perhaps we simply haven't loved or used the gift of our money's presence fully enough, so it becomes unconscious and fades away.

So, as the stock market crashes with fear, validating the scarcity reality, shall we agree? Shall we crash, too? Weep and moan and wail? Or can we simply, calmly, focus our attention on what we do have, how life is working, how troughs turn to crests, and the Flow always corrects itself because that is a universal law. Up-down-up-down and on and on. Stay the course, don't stop the Flow with panic and drama, or try to outwit it with cleverness.

Get the message: You are actually fine. You are alive. Life is working. Nature is working. Under the chaos is a peaceful, wise place. Go there. Stop time. In each moment there is an action that is both a solution to a problem and a step into a new creation. Do the next productive thing. Keep your eyes peeled. Not to avoid more negativity, but to be informed of what your next joyful, purposeful act is.

It's interesting, too, how Coronavirus brings up the issue of isolation and group interaction. The old consciousness sees this as an either-or situation: Either we have to be quarantined and alone OR communing in groups could kill you. Both options seem to be punishments and deprive us of freedom. The new consciousness, on the other hand, sees this as win-win. I isolate myself to care for myself AND to care for others. We serve each other by serving ourselves in a compassionate manner first. Others make the world safer for me by practicing safety measures. The message is clear: *This is not a foreign invader, it is a shared invader. It is the catalyst for a human process of globalization of care, calmness, and compassion. It teaches us that we need each other, that we are intricately connected with each other—and with everything we touch. We share the air, we breathe each other's breaths. We begin to respect the existence and power of unseen things.*

And so, we are quarantined. We are to stay home, distance from others, and avoid social gatherings. Perhaps even, to ration our toilet paper! Goodness! Use less? What are we to do with these forced "time outs" and cabin fever? Haven't we been trying to meditate and practice mindfulness? Haven't we wanted time to just be? And aren't we terribly distracted with social activity, work, family responsibilities, and watching youtube videos? Perhaps this is another big message: *Be quiet! Get centered! Stop matching the crazy frequency of the virus and potential losses and raise your vibration to that refined state you know as inner beauty, profound satisfaction, ecstatic appreciation, gleeful creativity, and diaphanous love.*

And **what about all the neglected parts of yourself?** Your inner artist, gardener, writer, cook, reader of great books, hungry student, or master organizer? What about your

inner dreamer? Some say viruses are like seeds. They can lie inert for long periods until they come in contact with something truly alive, in this case a nice, juicy-wet mucus membrane. I wonder if we aren't similar, resting in our semi-dead beliefs and dulling habits, waiting for something life-giving to brush past. We're waiting for the touch of the soul, though, to light us up and set us to expanding. Imagine yourself touched by the light right now. Activate your new life and expand gleefully!

Perhaps you know the saying, "Praise Allah, but tie your camel to the post." Let's work in both worlds. Don't ignore or minimize either. Wash your hands, clean your body and environment, don't touch your face, protect your airways when necessary, strengthen your immune system, stay away from crowds, and follow the protocols. Protect your loved ones and elders by advocating healthy practices.

At the same time, work in the nonphysical reality. Find your home frequency—your soul-in-the-body state, that feeling you have when life is beautiful and working like a charm. Stay in it. Express your best stuff. Don't backslide into panic, depression, blame, or criticism—and correct yourself quickly if you do. Don't unconsciously reinforce negative beliefs about life. Don't add to suffering. Proceed as if you are lucky and creative and loved and supported by others, seen and unseen.

Make it your job to lift people up rather than keep them subdued and on the verge of hopelessness. We are headed for transparency!! In a transparent energy body, a transparent emotional body, and a transparent mental body, no virus can attach itself. No mental viruses can brainwash you. No emotional viruses can manipulate your mood, and no physical viruses can trick your immune system.

Perhaps Coronavirus has come to help us see through our own ego-based behaviors and identity—to cut through illusions rapidly. Cycles may repeat a few times but the track we're on is an expanding spiral. With each pass, improvement. Contractions always release and expand again. Stay in trust, stay in the Flow, minute by minute, noticing what you need to notice. When we come back together to celebrate the passing of this phase, we will be more of ourselves and so much more respectful and loving to each other.

This is such an important world event with such promise of clarity.

Blessings,

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