

• FOR IMMEDIATE RELEASE •

The Present Moment

A Daybook of Clarity & Intuition

How can you slow down enough to find clear insight and inner peace? This wise perpetual daybook guides you one day at a time into deeper daily intuition.

San Francisco, CA — The Present Moment (August 2000 / 0-8092-2475-5 / \$15.95 / paper / 416 pages) by Penney Peirce

Most of us are overwhelmed by proliferating information, incoming communications, tight timelines, and the accelerating complexity of life. When it's all said and done, there's little time to reflect on our feelings and well-being before our head hits our pillow for a few hours of shut-eye before the cycle begins again.

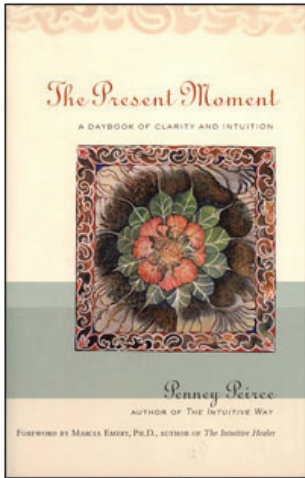
The Present Moment: A Daybook of Clarity and Intuition is a perpetual daybook that helps us reconnect with our inner voice by living a more alert and intuitive life, day by day. Most people use intuition whether they realize it or not. But like any other skill, intuition improves with practice and awareness.

With a short affirmation, corresponding exercise, and inspirational anecdote for each day, *The Present Moment* prompts readers to pay attention to subtle insights and creative ideas, making the living of ordinary life into a rich learning experience. Each story draws on the personal experiences and adventures of the author, her clients, friends, and family to illustrate the principles of heightened perception that she weaves throughout the book.

The Present Moment helps readers:

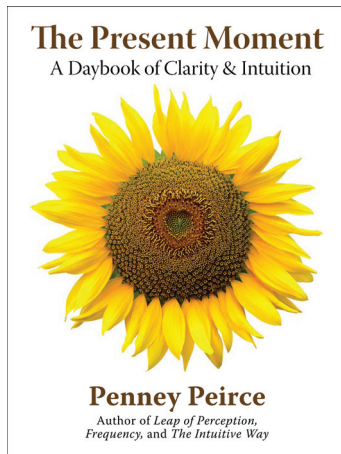
- Slow down and find meaning in everyday events
- Develop intuition and greater trust in their life purpose and direction
- Feel more connected with their soul, with others, and with the environment
- Establish healthy consciousness habits, including kindness, concentration, mindfulness, fluidity, body sensitivity, focused imagination, respect for all things, and multidimensional awareness

Foreword by: Marcia Emery, PhD, author of *The Intuitive Healer* and *Powerhunch!*



PENNEY PEIRCE is a master at presenting complex ideas in a common-sense way. A gifted counselor and trainer, Peirce's open-minded, sophisticated work draws from diverse cultural world views and many years' experience in the corporate world. She works throughout the US, Japan, South Africa, and Europe as a coach to business executives, psychologists, scientists, other trainers, and those on a spiritual path.

For more information about foreign rights, contact:
Sylvia Hayse Literary Agency
hayses@caat.com
541-404-3127



PENNEY PEIRCE is a master at presenting complex ideas in a common-sense way. A gifted counselor and trainer, Peirce's open-minded, sophisticated work draws from diverse cultural world views and many years' experience in the corporate world. She works throughout the US, Japan, South Africa, and Europe as a coach to business executives, psychologists, scientists, other trainers, and those on a spiritual path.

For more information about foreign rights, contact:
Sylvia Hayse Literary Agency
hayses@caat.com
541-404-3127

The Present Moment

A Daybook of Clarity & Intuition

The paperback version of *The Present Moment* is out of print, though a few new copies are still available directly from Penney.

In 2014, Penney converted the *The Present Moment* to an ebook, which is available through amazon, B&N, Kobo, and iTunes.