



Carol Adrienne's Foreword for *Be the Dreamer Not the Dream*

When Penney Peirce, whom I've known for many years, invited me to write a foreword for this wonderful book on dreams, I was excited to see how my unconscious would respond. Two nights later, I had a dream that I had great fun interpreting upon awakening. The symbols in dreams are always specific and relevant, though it may take time to find out the real reason they show up when they do. They always present information designed to show you where you need to pay attention in waking life. In my experience, dreams often speak to us on both a personal level and a more collective level. Since I'd been thinking about writing this foreword, I had to consider that my dream might be a clue about what

wanted to be said, as well as a personal message to me.

In the dream, I've returned to a house I lived in years ago. The entryway needs work—it's empty and the walls are crumbling. To reach the top floor where my bedroom is, I have to walk up many steep stairs and I'm not sure I want to. I'm looking for an easier way to be in the house. I can't find the kitchen, so I go outside to look for another entrance, and sure enough, my house is divided into two structures! Just then my boyfriend drives up in a small truck, upon which he has roped cushions, perhaps for a sofa. He says to me, "We should have brought the baby." I nod in agreement.

On the personal side, my dream shows me in a happy relationship, (or a happy integration of my male and female energies) and we seem to be getting even closer since he's moving stuff into my house, which I am also trying to move into. Carl Jung said houses are symbols of the self and I see that the new space/self we are to occupy needs some work. To me, returning to an old house means my subconscious is still operating from old concepts. The dilapidated entryway signals me that I need to put more attention on welcoming the new. That the house is divided means I need to focus on integrating myself internally. That I can't find the kitchen means I need to make sure I'm being nurtured. That I am trying to figure out how to live comfortably in the house without undue effort means I'm getting my priorities straight, and not just putting up with what doesn't work! The baby? Maybe we need to bring into our relationship an awareness of what our inner children need—and maybe we're going to create something new together. . .

But what is this dream saying about dreams in general? Might not this dream's advice to me be pertinent to everyone in some way? Don't we all need to make sure we're open to the new, that we feel comfortable and authentic within ourselves, that we are unified within, and able to feel nurtured? Don't we all need to share our "space," or ourselves, with others in an intimate way? And don't we all need to "remember the baby"—to make space in our lives for creativity and

rejuvenation? As an artist myself, I know the power of dreams to inspire. As I have learned more about living on purpose, I see the great power of following your Dream. As a human being, I see the power of dreams to bring me guidance when I'm temporarily confused or distracted by life. Penney Peirce's book provides a thorough, practical, and uplifting understanding of this important, and mysterious, component of life.

Dreams are wonderful and colorful magazines of our inner lives, presenting us with the table of contents, photographs, feature stories, news reports, advertisements (wants and needs), and editorial comments from our unconscious. You have a lifetime subscription to dreams, and I hope you take the time to let them speak to you. Their guidance can make a big difference in how you see the truth behind all your relationships and your very connection to the world.

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author of *The Purpose of Your Life*

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A Guide to 24-Hour Consciousness



Penney Peirce

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