Commentary on Coming Changes in the Earth

taken in dictation from an inner voice by Penney Peirce

I wrote this, or more accurately, wrote down what I heard being said by an inner voice, in the early 1980s. I gave a few copies to friends, and the message took on a life of its own, because one person xeroxed it and handed it out to hundreds of others, and newsletters and spiritual magazines published it. Years later I'd meet people who said, "You're Penney Peirce? I have something you wrote taped on my refrigerator!" What's interesting is that the message is as applicable today as it was when I received it. Please feel free to share it with others if you'd like.

There is currently an immense vibrational shift in the earth and all life-forms are feeling the pressure to evolve rapidly. Patterns of thought and behavior will be affected, those which are positive as well as the negative ones. There will appear to be a marked increase in negativity as the old patterns are shaken loose, like dust being stirred by moving an object that has been immobile too long. Know that as the clearing occurs, inner strength becomes visible. You will receive divine vibrations now as never before, and must pay attention to stabilize your energy continually, to be ready for the next shift, and the next, which will be coming in waves, ever more closely together.

Let go, absolutely LET GO of what does not work for you. Do you feel heavy? Find the burdens, drop them. Find the clogging foods, the negative thoughts, the dirtying habits, the people who drain you, the character weaknesses in yourselves. Release it all, and let go of your need for beliefs and security. Tune to the very purest heart of the Mother Earth and quietly resonate your body to this. There is no way to avoid transformation, nor nothing to fear from it. Also know that in these times, resistance to the truth will cause instantaneous repercussions. Remain as conscious of the process of growth as possible and cooperate with the higher order, of which you are a part.

Things will evolve more intensely in certain parts of the planet first, for in these power places people will gather to reinforce each other's growth and to be exposed to pure forms of energy. Many who accept the energy will leave these places to teach and increase the vibration in outlying areas, through their own presence, yet many new people will continue to arrive in the hotspots for initiations. Watch these exchanges and the increase in travel and movement. You will see a

rapid flowing—so much that it will be hard to keep up with the news, the progress in certain fields and especially the degeneration of systems, beliefs, and organizations.

The key now is to simplify, to center within your body at all times and to allow yourself to be a conduit for the highest energies of love and truth coming into the planet. Receive more and more purity and trust the process of spontaneous self-expression from the heart. Practice unconditional love, and do not forget to include yourself in this practice! In this way your sensitivity will increase and so will the capacity of your nerves, glands, and subtle bodies to conduct the increasing voltages without being burned out by them.

No more shall there be the slow and gradual process of assimilation. Those who will change are being prompted from higher levels to consciously ASK and pray for help and heightened abilities of integration. Your bodies, your cells, are being transformed before your eyes. Allow the feelings of pressure, the mood swings for no reason, the uncontrolled releases of frustration. Meditate often, and center constantly in the Oneness and in the present moment. Open your hearts, strengthen your physical bodies, give up your addictions, learn to truly rest, and BE OF A JOYFUL FRAME OF MIND! Receive sustenance AS you create, feeling the process of this easy flowstate. And remember—you are the actor, the action, and the audience. You will never run out of energy, love, and opportunities to create more beauty and harmony.


