

THE AGE OF INTUITION

EXPANDING
INTO YOUR FULL
POTENTIAL

BY PENNEY PEIRCE

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Though it may seem like the world is falling apart, we are actually living in a very special time of global transformation—moving from the Information Age to the Intuition Age—and right now we’re experiencing the early signs of this sweeping change.

In the past, transformation was experienced by individuals who isolated themselves from society—in monasteries, cloisters, and caves or as specially chosen souls in villages, like shamans and healers. They focused on their connection to the spiritual world with great diligence and discipline. Today, though, the experience is available to anyone willing to practice some key principles.

THE INNER BLUEPRINT FOR REALITY IS CHANGING

It may help to see transformation not as a sudden occurrence but as the natural continuation of a process that’s been steadily progressing on earth for ages. It is not something that will affect everyone at once on a certain date; people will awaken at their own pace

over a period of years. Nevertheless, life is ever-evolving and constantly transforming, and we are reaching an important crescendo. The pressure is on!

When you penetrate into the evolution and transformation of life on earth, you see that the pattern for its unfolding develops first in the nonphysical realms of energy-and-consciousness, creating an inner blueprint, which then precipitates into a physical process. This is the way all events and forms take shape. As the frequency of the inner energy-and-consciousness blueprint increases, reality materializes faster and functions according to more refined, elegant principles. The unseen and the seen always parallel each other. As evolution and transformation streamline, you and your life go through frequency-matching jumps or revisions. Letter-writing shifts to phone calls to Post-it notes and emails to texting with abbreviations to video chatting. As above, so below. Everything is accelerating.

Sometimes the higher pattern translates

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easily into form; you may experience this as sudden exciting innovations, perfect solutions to complex problems, or the magical convening of harmonious, like-minded groups. Yet all too often, the physical world is thick with negativity and overlays of long-term, locked-in beliefs and habits, and the higher energy can’t penetrate the density to translate into new forms easily or accurately. Then the energy builds up until it can find a way to break through, often by creating cracks in the firmament—dramas, traumas, accidents, and shocks.

At a societal level, this might be events like the explosion of the space shuttle *Challenger* in 1986, September 11 in 2001, or the global financial crisis of 2007–2008. At a personal level, it might be the death of a loved one, the loss of a good job, or finding out you have a difficult disease. Though these breakthroughs are disruptive, they serve as wedges to open us to new realities and more expansive thinking. And yet, once some space is revealed, the higher pattern still has to find the right

new physical expression around and through the confusion caused by the sudden breakthrough, which can take some time.

As reality’s inner blueprint evolves toward transformation, it affects you personally in ripples or waves, like surf at the beach. When you’re open, you roll with each wave, adjust to it, and clear any blockages in the way. This catalyzes positive change in your perception of how life works. For example, you might suddenly experience time differently, see how the nonphysical and physical worlds are merged, or realize you might not want to use so much willpower or plan too far ahead because goalsetting and accomplishment don’t work the same way anymore.

The greater dynamic of what’s happening, however, is little understood by people whose main focus is physical. They don’t see the nonphysical part of the process yet and tend to assume the world is spiraling toward destruction. These people resist the wave and can be battered by it. Ironically, the waves are actually helping us clear the clutter in the

way of our transparency.

Without full comprehension of the stages of transformation, when the speed of life jumps up a notch or two, people rooted in the physical often panic and retreat into mental and emotional paralysis or reactionary behavior. This blocks the flow of the wave, makes things more difficult, creates chaos, and drains energy. Instead of welcoming the new energy, which can carry them through and beyond their stuckness, many people equate the early clearing stage of transformation with high pressure, negativity, stuckness, disillusionment, depression, overwhelm, or hopelessness.

Yet far from being negative, these contracted states are important precursors to clarity. They point the way to what needs to be dissolved; the waves are bringing these things to the surface. Clearing fear and negativity—and remembering your spiritual core identity—is what becoming transformed, or transparent, is all about. Then you can reframe your attitude about what’s happening to eliminate

unnecessary roadblocks and detours. You can take advantage of today’s high-frequency energy and ride the wave instead of drowning in it.

TRANSFORMATION BEGINS WITH A SHAKE-UP

For transformation to occur, attachment to the way your “old” reality has always functioned must be loosened, shaken, upset, and seen as dysfunctional, boring, and even painful. You must want something better. The first waves of people who wake up to this desire and sense the ultimate outcome, embrace the process as much as they can. They disengage enough from old beliefs and definitions that openings can occur; chinks can form in the walls so new energy and Light can pour through. You are certainly in these first waves.

The energy-and-consciousness that rises through the new porousness in your body, mind, and emotions—and even in society—brings glimpses of a better, easier, more en-



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joyable way of living. Once you catch sight of the potential new reality, you start tracking with the process and want more. The more you yearn and search, the bigger the openings become. The bigger the openings, the more of the transformed reality you can sense, understand, and handle. Yearning continues but now there’s more certainty. You talk about what you notice, and other people become curious and wake up too.

We awaken in stages, as we’re ready. It’s true that you’re never given more than you can handle, and as soon as you’re ready for more, it comes.

The more you resist this clearing phase of the transformation process, the more dramatic it becomes. Becoming defensive about the habits you developed to maintain security now brings up the opposite experience—the one you’ve resisted feeling. This is really a blessing, because with calm attention and presence, you can discover your deepest underlying blockages and clear them.

For example, if one person decides that being proactive, ambitious, wealthy, and pow-

erful over others is the way to maintain security, the acceleration may cause her to lose her job, marriage, or investments, or to have a serious accident. She is thrust directly into the subconscious fears she’s been avoiding, which may revolve around loss of control and failure. Embracing and being with the loss—without judgment—can lead her to reconnect with her true desires, see expanded possibilities, let people help her, and find a new definition of success.

It’s important to remember that the negative views that plague you are a figment of the left brain, which at its most contracted and dense, creates ego.

Your left brain must surrender control for you to transform. This is often called ego death. You don’t have to be better than others, know everything ahead of time, have a plan for everything, or control other people’s responses to you. As you drop these needs, the ego feels itself becoming useless, or “dying,” and it can cause you to think dire, paranoid thoughts.

Life can look dark and dangerous. Instead

of understanding that a function of your brain is shifting, people often think they themselves are purposeless or dying, or they project death and destruction onto the world at large.

The last gasp of the more negative path to transformation is when you are finally so exhausted from avoiding, resisting, controlling, and resuppressing subconscious blocks, and so overwhelmed by complexity, that you just stop. There is nothing more you can do. Willpower and cleverness won’t work. Wallowing in negative interpretations is too suffocating and heavy. The left brain’s methods fall flat. At this point, you may feel disillusioned, unmotivated, or depressed. But actually, this is the turning point! You’ve finally let go of *trying* to be successful, *trying* to make progress, even *trying* to understand. It is here that the left brain and ego are finally learning to become the servant to something greater and wiser.

In spite of yourself, you’ve begun to experience the open, slightly transparent mind. You’re “getting out of your own way.” All

that’s left is to be with what’s happening, to be with yourself, to be with the confusion. And by simply “being with,” and letting things be as they are, you return to an experience of your own “being,” which was always present under the distractions. Now you, as your soul, can shine out, shedding Light on everything. Revelations emerge. Understanding and compassion dissolve fear. There is release, relief, and childlike joy.

The return to being is the doorway to transformation—when the left brain hands the reins to the right brain, the heart, the consciousness of the *unified field*, and the wise evolutionary Flow. As you step through, your shining identity emerges through the new experience of transparency, along with a new world.

ACCELERATION SYMPTOMS AND YOUR CHOICES

BODY

Resist: “Don’t disturb my comfort level,”

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overheating, fevers, rashes, allergies, aches and pains, heart pounding, exhaustion, frequent illnesses, feeling buzzy and overly electrical, actual nerve problems, insomnia, hyperactivity, unable to relax, high-vibrational illnesses like cancer or viruses, immobilization or restricted movement.

Embrace: “I welcome and use increased energy,” vitality, endurance, release energy through creativity, change diet, lose weight, detoxify, rejuvenate, move consciously and artfully, allow unusual sleep patterns, rapid healing, increase in abundance, trust instinct, make choices from truth and anxiety signals, decode energy information, read vibrations.

EMOTION

Resist: “I don’t want to feel it,” fear, avoidance, pessimism, worry, lack of motivation, irritable, impatient, need for immediate gratification, erratic emotional release, dramas and traumas, intolerant of stimulation,

overwhelm, bipolar behavior, hopelessness, defensiveness, hatred, violence.

Embrace: “Every feeling has a helpful message for me,” more love, generosity, happiness, enthusiasm, optimism, trust, compassion, delight, motivation without will, love of the flow and fluidity.

MIND

Resist: “I don’t want to know it,” fixed beliefs, opinions, dogma, rules, short attention span, short-term memory loss, disorientation, ADHD, increased dualistic thinking, conflict, pessimism, argumentativeness, depression, disillusionment, apathy, stubbornness, focus on the past.

Embrace: “I know what I need to know right when I need to know it,” meditation, mindfulness, being in the moment, trust intuition, innovation, creativity, inspiration, forgiveness, service, healing, optimism, surprise



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exploration and growth, focus on the present moment, power of attention

THE POSITIVE PATH THROUGH TRANSFORMATION

You have a choice at every point along the way to evolve smoothly and rapidly, in harmony with the planet, or to struggle and suffer. When you embrace the heightened energy and the clearing process and don't fight them, they flow through you, lifting you to a higher vibration and increasing your love, understanding, and health. When positive energy increases, it's easier to face and penetrate old fears to find the simple truth inside. Every block and contraction you clear frees more transparent energy-and-consciousness that then helps you clear the next layer of clutter and the next.

In the world today, we see a growing polarization between people who welcome the acceleration with its psychological and spiritual growth, and those who close their minds so they can remain “comfortable” in their old ways. We see the beginning of the collapse

of old structures based on fear and control. Large segments of society are progressing into chaos as old systems and ways of thinking fail to produce results. At the same time, other segments are progressing toward spiritual and mental clarity, innovative solutions to societal problems, and greater peace and abundance.

This acceleration has brought us from the slow Industrial Age, with its emphasis on physical, mechanical, linear (cause-and-effect) processes, into the Information Age, which emphasizes knowledge, access to increasing amounts of information, and the speed of data delivery and processing. We've evolved from a focus on body to mind. Our minds, however, are still dominated by left-brain, linear processing and compartmentalization.

We therefore try to integrate the vast amounts of information by multitasking as fast as is humanly possible or by skimming along the surface. “Just give me the bullet points!” As the Information Age speeds toward its leap into the next reality experience,

the old mental reality of the Information Age is no longer competent, speedy, or expansive enough, and it will be eclipsed. Technology can only take us so far. Our own inherent gifts of consciousness will always be superior to our machines. We're moving now into direct knowing, into intuition, to total comprehension in the present moment—from mind to spirit.

As you enter the Intuition Age, you become ultrasensitive and your energy-and-consciousness increases exponentially. As you successfully navigate the stages of opening and clearing, you adapt to the new speed of life, like a ship going through the locks to a new water level. Your emotions stabilize and you feel happier—more harmonious, enthusiastic, and positive.

The positive feelings beget a higher quality of thought; you stop complaining and criticizing, and trust your intuition. You open your mind to new ideas and are more curious. Positive imagination re-emerges, serving a renewed desire to create things that resonate with your destiny. Accessing knowledge and

processing it in the Intuition Age is based on right-brain perception: empathy, telepathy, intuition, and compassion.

MOVING BEYOND THE LINEAR

We make a stunning leap of perception as we enter the Intuition Age. With transformation, we actually move from one long-standing way of perceiving reality into a totally different kind of perception. To understand this, it helps to see that there are two underlying inner blueprints, or geometries of perception, that precipitate two different realities: *linear perception* and *spherical-holographic perception*. Spherical perception and holographic perception are slightly different but are so intertwined that in the end, they become one integrated thing. For purposes of clarity, though, we'll look at each aspect separately to better understand how it functions. It is spherical and holographic perception together that catalyze transformation; this is the new integrated perception of the Intuition Age. But first, let's take a look at linear perception.



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Linear perception is an old way of knowing who we are and how life works. We’ve become so accustomed to it over the millennia that we can’t imagine anything else and can barely even recognize it as a “thing.” It is based on a model of reality that sees separation. Past, present, and future are lined up in a row, separated from each other by imaginary gaps, with energy functioning in a line, progressing sequentially toward goals. We have here and there, self and other, inside and outside, and the million either-or polarities that we move between via a line. We have timelines, storylines, lines of logic, mechanical processes, and the shortest distance between two points. Linear perception is a function of the left brain. Your left brain governs analysis, description, proof, regulation, language, and rational, sequential, logical thinking.

SHIFTING TO THE RIGHT BRAIN

So, we are unlearning the dominant human habit of perceiving from the left brain and thinking reality is like the left brain. We’re learning to enter our right brain, explore the

nature of its particular kind of perception—which some call “quantum perception”—and develop a liking for it.

The right brain is free-flowing, nonverbal, nonmathematical, nonsequential, and its perception is not confined to specific spatial dimensions. It is integrative, perceiving the whole, and intuition is its natural form of perception. It doesn’t use language at all, just direct experience and direct knowing via the senses, without description. There is no separation, no isolation of sensory input into specific sounds or images, no stopping anything. There is no willpower; everything works perfectly and doesn’t need to be forced.

The right brain is the doorway to the imaginal realm, where all possibilities exist and abundance is normal. Here, you may receive large, comprehensive patterns of knowledge that are perceived with ultrasensitivity and a felt sense, where you understand all at once the data contained in different frequencies of energy. We might call it “heightened impressionability.”

The easiest way to shift to your right brain

is to become quiet and still. Be with the reality that’s occurring in your present moment; don’t try to change it or understand it, but engage with it, appreciate it, merging into the scene with its objects and open space. Feel into the reality and what’s inside or under the reality—the inner blueprint, the vibrational pattern that’s giving rise to the form. Feel how it’s part of you.

The longer you pay attention, the more that’s revealed. Soon you realize everything exists at once—harmoniously and consciously—with everything else. Everything is connected. The connections then take you into spiritual territory and you may have mystical insights about the Divine. Right-brain perception has no experience of linear time because everything is totally in the present moment.

EXERCISE: BALANCE THE LEFT & RIGHT SIDES OF YOUR BRAIN

1. Sit quietly, with your back supported and your head level. Breathe in and out easily,

slowly, deeply. Feel your brain inside your head. Imagine the two hemispheres of your brain, and notice whether one side seems larger than the other. Perhaps one side feels hard, one side soft. Or one feels darker, the other lighter. Just notice.

2. Imagine that between the two sides there is a partition. Reach in with your imaginary hand and pull out the partition. Now nothing is in the way, and the sides of your brain can communicate freely with each other.

3. Let the energy from the bigger, lighter, softer side flow into the smaller, darker, harder side and fill it, integrating and changing it in some way. Then do the reverse, letting the energy from the smaller, darker, harder side flow into its partner. Each time you do this exchange, let the two sides of your brain talk and give information to each other; you don’t need to know what it is. Keep the back-and-forth exchange going until both sides feel equal and balanced.

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4. Now notice your eyes, and adjust them in your imagination until they, too, feel equally sensitive and unstrained. Do the same thing with your ears until they feel equally open and alert.

5. Smile, feeling the left and right sides of your mouth and facial muscles. Adjust them so they are equally relaxed and your smile feels even.

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